

# Family Care Connections

 Strong Communities • Healthy Children • Better Care



Despite their resilience, children are experiencing mental health challenges and families are having trouble connecting to services that can help.



Unmet mental health needs can escalate into a crisis.

Earlier care is **Better Care**.

## Family

Families want access to individualized and coordinated care in their communities where they are seen as full partners in the process.

When the community joins together, kids receive **Better Care**.



## Care

Pediatricians and schools can support families by helping connect them to behavioral health services and collaborating with each other.

Collaboration leads to **Better Care**.



## Connections

**Family Care Connections** brings together behavioral health professionals, pediatricians and schools to better support kids, adolescents, and families.

Coordinated care, means **Better Care**.



Through connecting families to **Better Care**, communities are stronger, students are more engaged and kids have the supports they need.

**CTC**  Connecting to Care

[CONNECTINGTOCARECT.ORG](http://CONNECTINGTOCARECT.ORG)  
[PLAN4CHILDREN.ORG](http://PLAN4CHILDREN.ORG)

## Care Coordination



### System Navigation

Care Coordinators partner with families to support them in identifying their needs, navigating and linking to supports and services, coordinating care and advocating for their needs.

## Mobile Crisis

### Crisis Stabilization

In Connecticut, Dial 211, press 1, then 1 again, to reach mobile crisis for person-to-person assistance and connection to local crisis services; accessible 24/7, 365 days a year. The caller defines the crisis.



## OPCC

Outpatient Psychiatric Clinics for Children



### Outpatient Treatment

Community-based, multi-disciplinary team of psychiatrists, psychologists, clinicians and other professionals that provide a wide array of behavioral health treatment services to children, adolescents and their families.

## Youth Service Bureaus

Connecticut Youth Services Association leads, strengthens and supports a unified network of Youth Service Bureaus promoting the well-being of Connecticut's children, youth, and families.

[www.ctyouthservices.org](http://www.ctyouthservices.org)



## Family Peer Support

Youth and Family Peer Support Specialists are trained youth, parents and caregivers who use their personal experience to offer support to other youth, parents and caregivers experiencing mental health or substance use challenges.

## Get Involved, Contact Us!

1-877-381-4193 Option 3

[CTNetworkofCareManagers@beaconhealthoptions.com](mailto:CTNetworkofCareManagers@beaconhealthoptions.com)

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