

# AN ANTI-RACIST BOOK GUIDE

For Teachers

Just joined or created an anti-racist book club with fellow teachers? Not sure what kinds of questions to explore as a group? Not to worry! My Reflection Matters has generated some question starters to help get your group thinking. *Tip: Share these questions with your team in advance to help guide their reading.*



1. What phrases or ideas brought up in the book made you feel most uncomfortable?
2. What deep, entrenched beliefs about yourself, others, and/or your teaching were challenged when you felt this discomfort?
3. What is the downfall of taking on a new belief system?
4. What are the benefits for you and those you serve in taking on a new belief system?
5. What was affirmed for you? Why?
6. How did the text make you think about teaching and learning?
7. What new ideas were ignited by the reading?
8. \*Was there a time you regret you did not show up or speak up for racial justice in your classroom or school?
9. \*What held you back, and what might have made the situation different?
10. \*What kinds of reactions have there been when you have taken action or spoken up against racism? How did these reactions make you feel?
11. \*Why do you think it is so hard for people to not assess other cultures from their own cultural standards? How does doing this trap people in racist ideas?
12. Is it possible to be anti-racist without addressing other forms of bigotry?
13. What biases or other forms of bigotry do you need to work on? How about your school or your district?
14. What is your group's call to action after reading the book? How will this action improve outcomes for Black, Indigenous, and other kids of color in your school?

\*These questions came and/or were adapted from [How to Be An Anti-Racists Book Club Kit](#) and [Towards the "Other America": Anti-Racist Resources for White People Taking Action for Black Lives Matter](#).

